



WINTER ACTIVITY PACKET



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Name: _____

- Direction following
- Problem solving
- Bilateral coordination
- Fine motor manipulation
- Tactile processing

SINGLE SERVING CHOCOLATE CHIP COOKIE

YOU WILL NEED:

- 2 tablespoons of melted unsalted butter 
- 3 tablespoons of brown sugar 
- 1 egg yolk 
- 1/4 teaspoon vanilla 
- 1/4 cup + 2 teaspoons flour 
- 1/8 teaspoon fine salt 
- 2 tablespoons chocolate chips, plus extra for the top 

INSTRUCTIONS:

1. Preheat the oven to 350 degrees and line a small cookie sheet with parchment paper.



2. In a small bowl, combine the melted butter and brown sugar. Mix with a small spatula.



3. After the brown sugar and melted butter are combined, add the egg yolk and vanilla, mix well.



4. Sprinkle the flour and salt evenly into the bowl, stir until just combined.



5. Add in chocolate chips and mix.



6. Roll the dough into a ball and place on to prepared cookie sheet. Place a few more chocolate chips on top.



7. Bake the cookie for 14-16 minutes. The edges of the cookie should be golden brown and the center may be a bit soft. Let the cookie cool completely on the pan.



WINTER MEMORY



So many winter words start with the letter 's'. Cut out all the pieces along the dotted lines. Find a friend and play a game of memory. Say the name of the image as you turn over the cards.



snowman



snowman



scarf



scarf



sweater



sweater



sled



sled



skate



skate



snowflake



snowflake



ski



ski



stocking



stocking



slippers



slippers



shovel

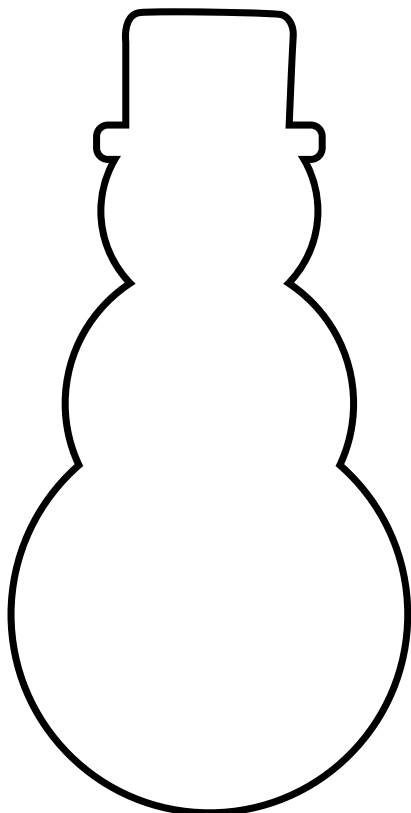


shovel

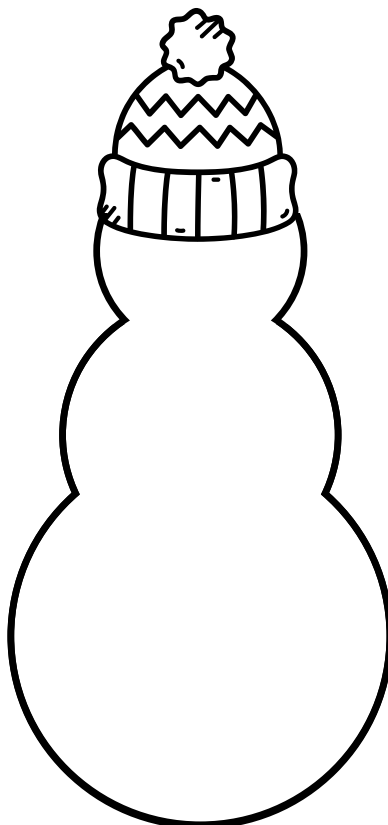
- Emotion identification
- Emotional regulation
- Fine motor skills

SNOWMAN EMOTIONS

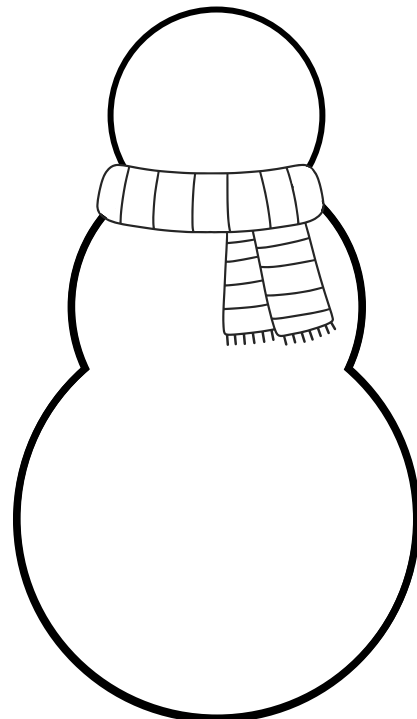
These snowmen below have mixed feelings about the winter. Draw the emotion on each snowman that's listed underneath, then finish dressing the snowman.



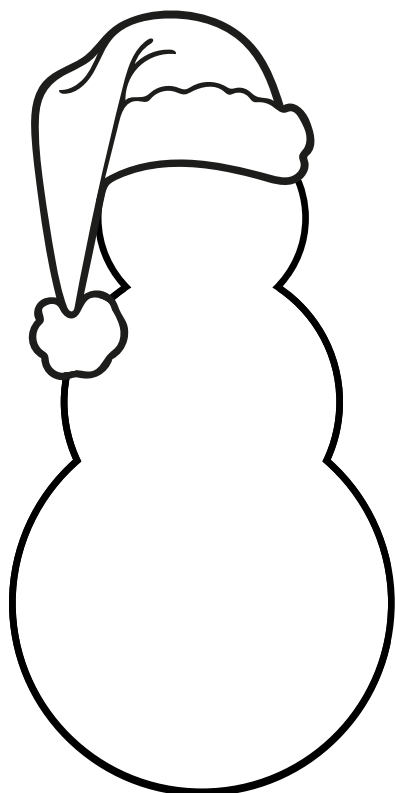
happy



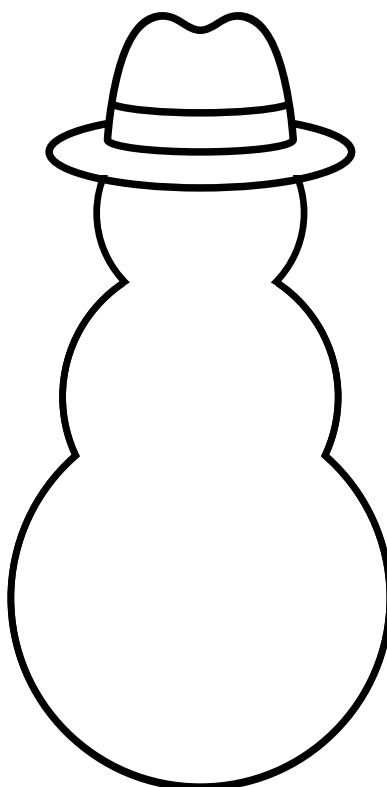
angry



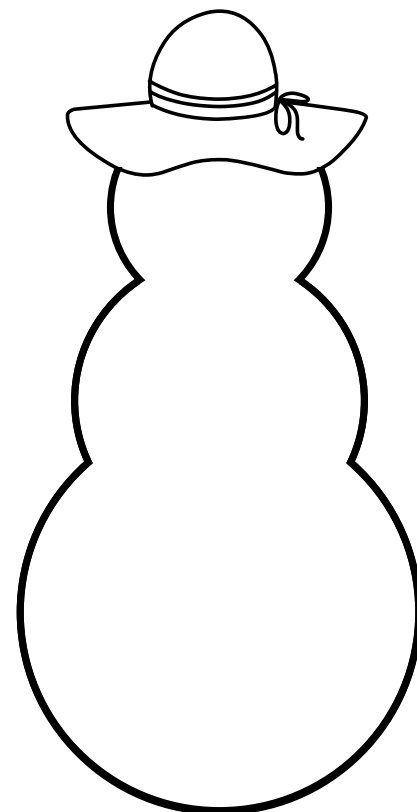
excited



nervous



surprised



sad

- Visual scanning
- Articulation
- Fine motor

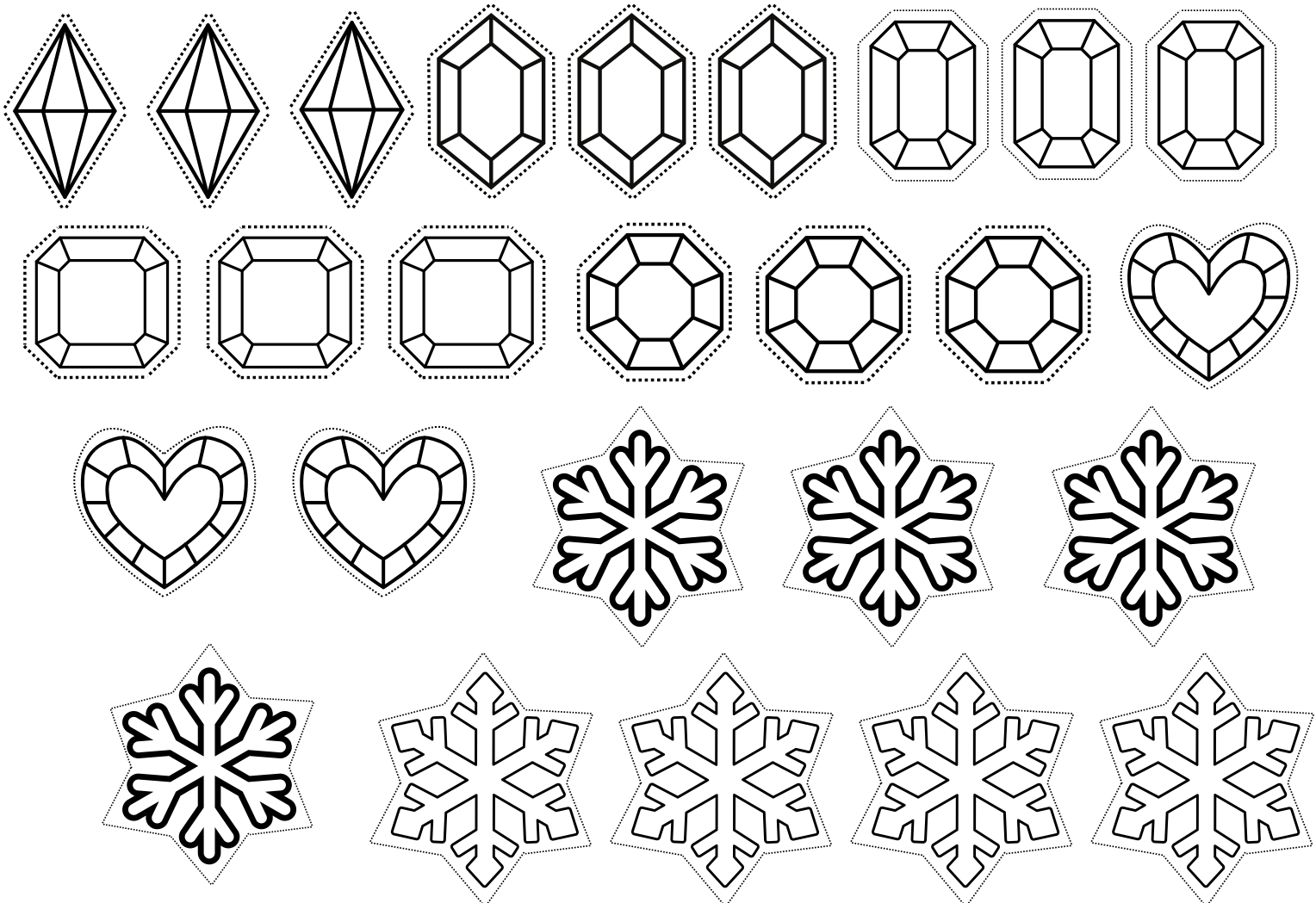
DIY ICE ROYALTY CROWN



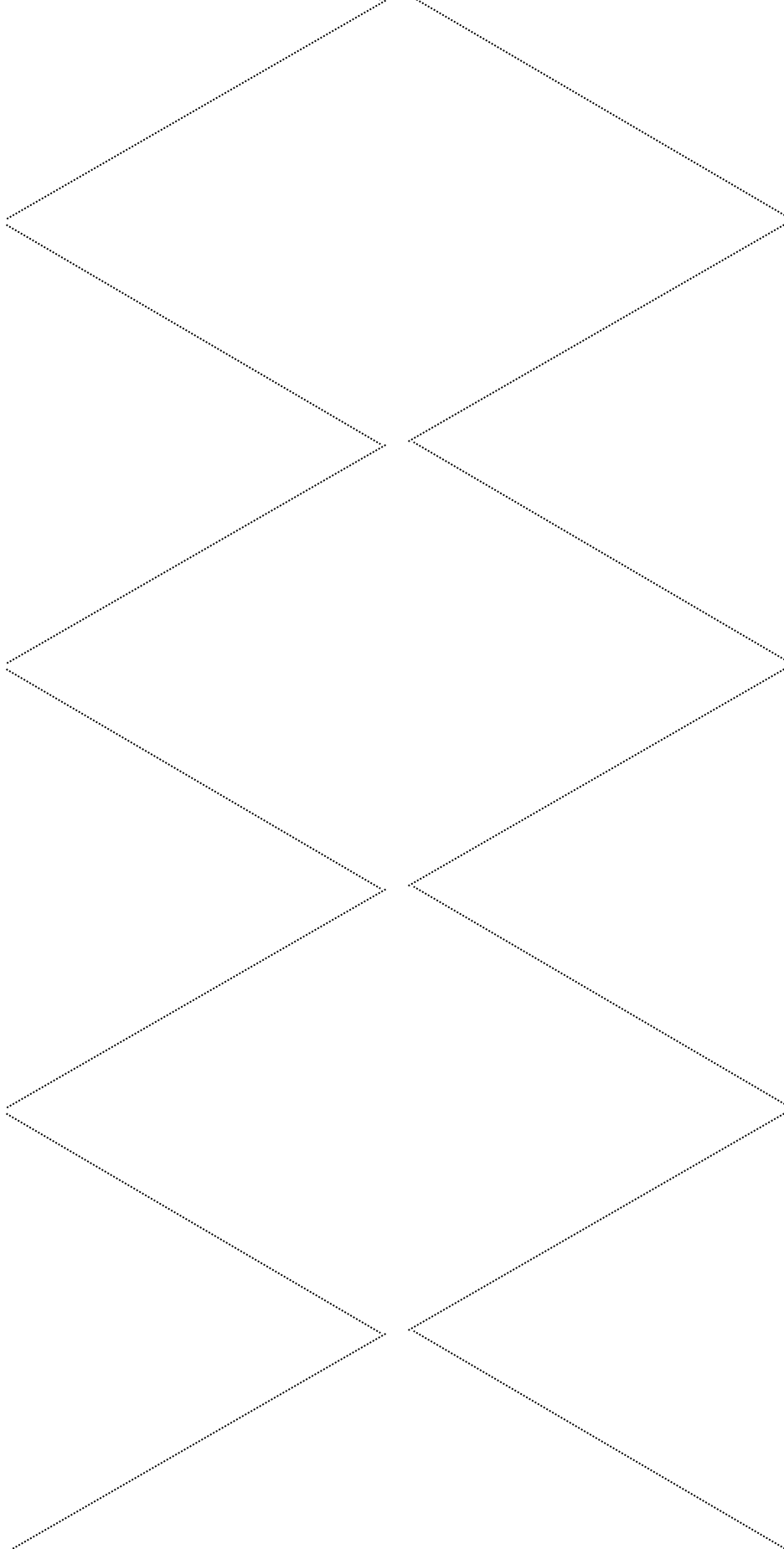
INSTRUCTIONS:

1. Color all the pieces of the crown below and on the next page.
2. Once all the crown pieces are decorated it's time to assemble. Cut the pieces by cutting on the dotted lines.
3. Tape the two crown base pieces together.
4. Measure the crown to fit your head.
5. Cut off any extra base crown pieces.
6. Use the jewels and snowflakes that you colored to decorate your very own ice royalty crown.
7. Once your crown is decorated tape the other end together and it's ready to wear.

JEWELS AND ACCESSORIES:



CROWN BASE PIECES



WINTER BREAK BUCKET LIST

See how many of the activities you can get through on this list! Make an 'X' in the box once you've completed an activity to help keep track!

☐

Build a snowman

☐

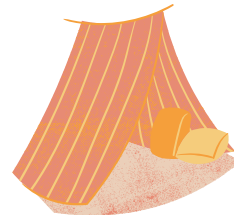
Make hot cocoa

☐

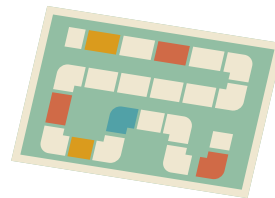
Make a paper snowflake

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Make an indoor fort

☐

Play a new board game

☐

Visit your local library

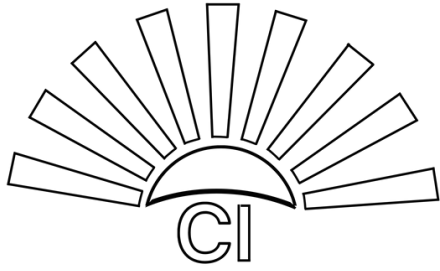
☐

Make a snow angel



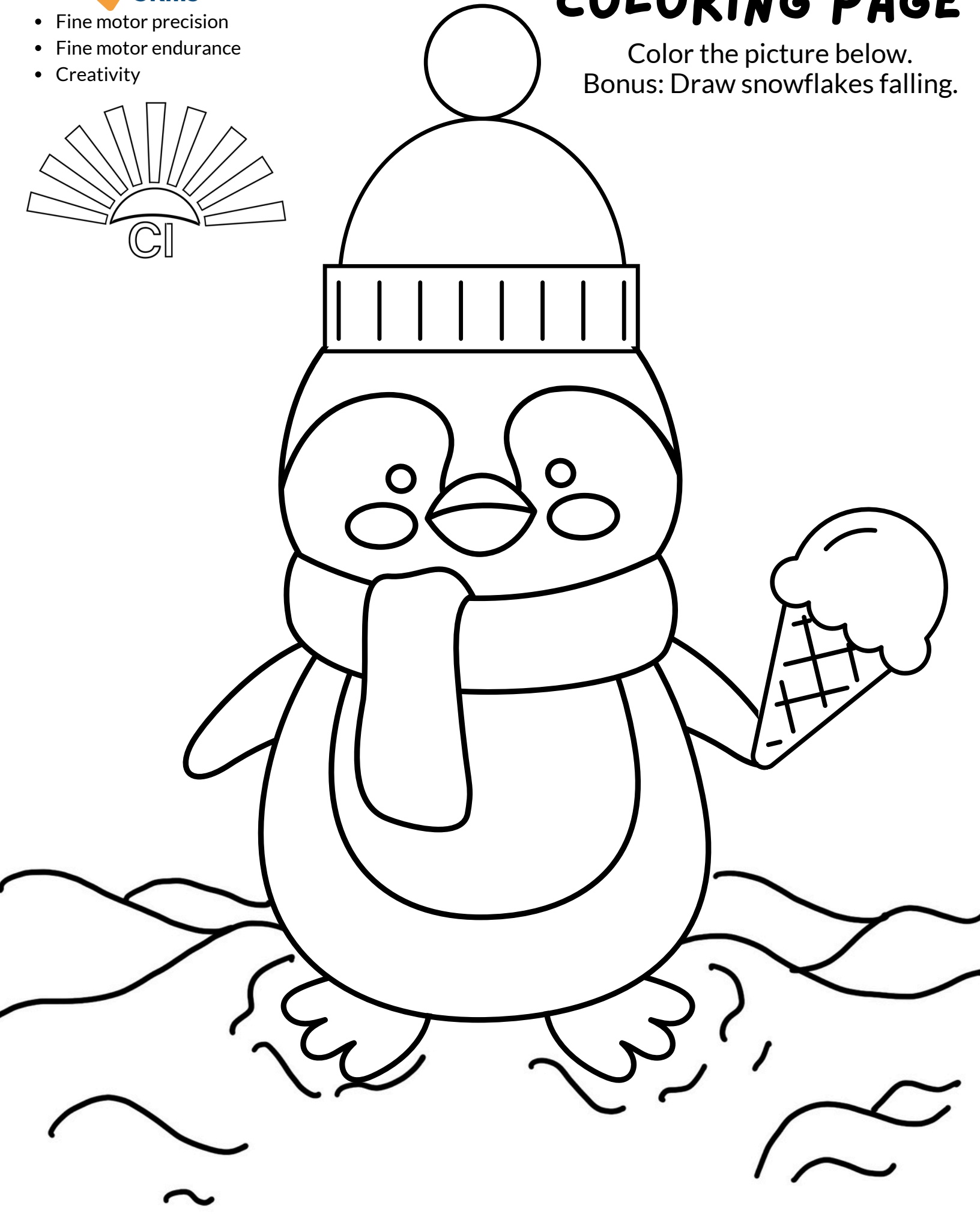


- Fine motor precision
- Fine motor endurance
- Creativity



COLORING PAGE

Color the picture below.
Bonus: Draw snowflakes falling.

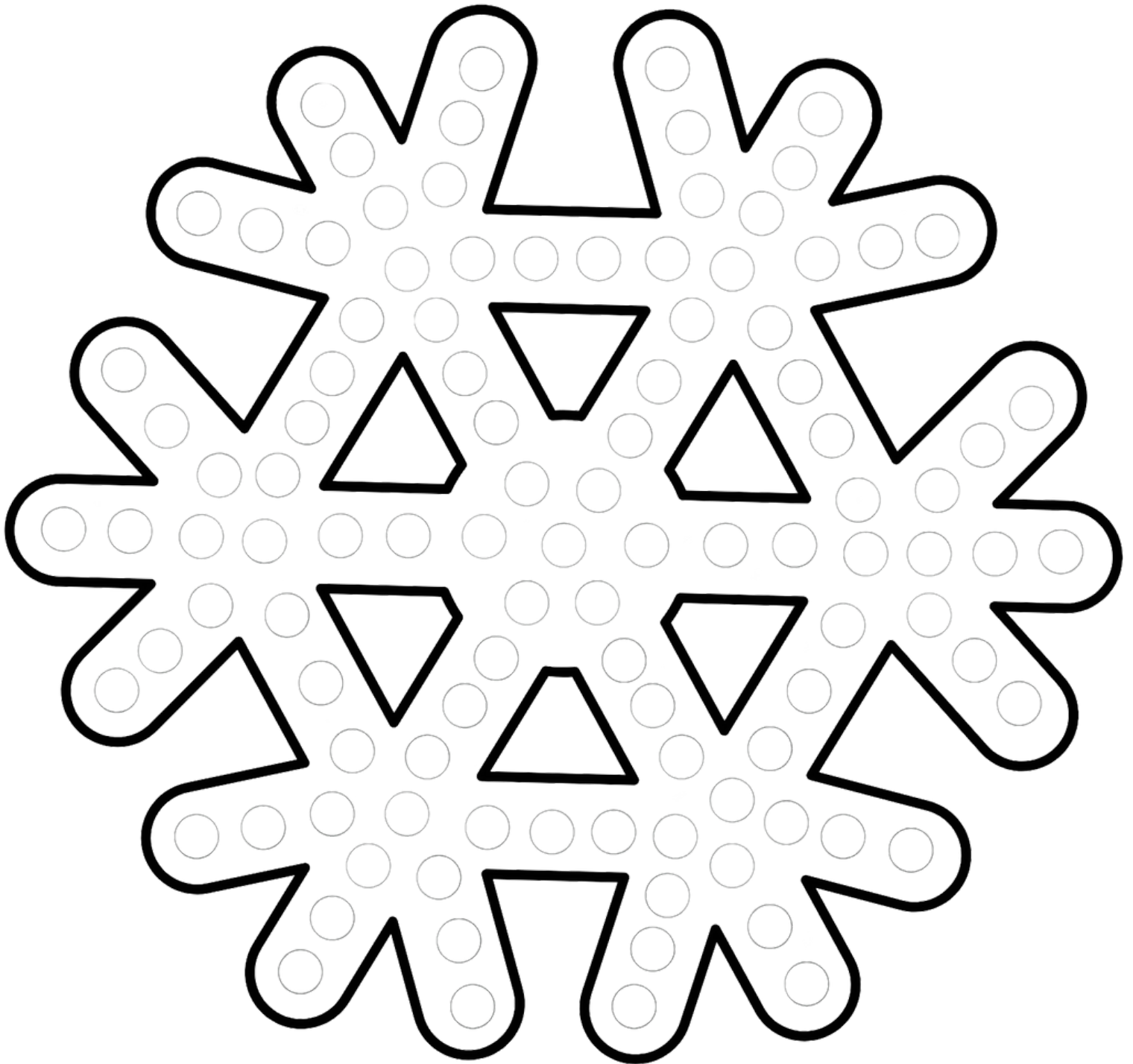


Q-TIP PAINTING

Paint the snowflakes using a q-tip or your pointer finger with paint colors of your choice.



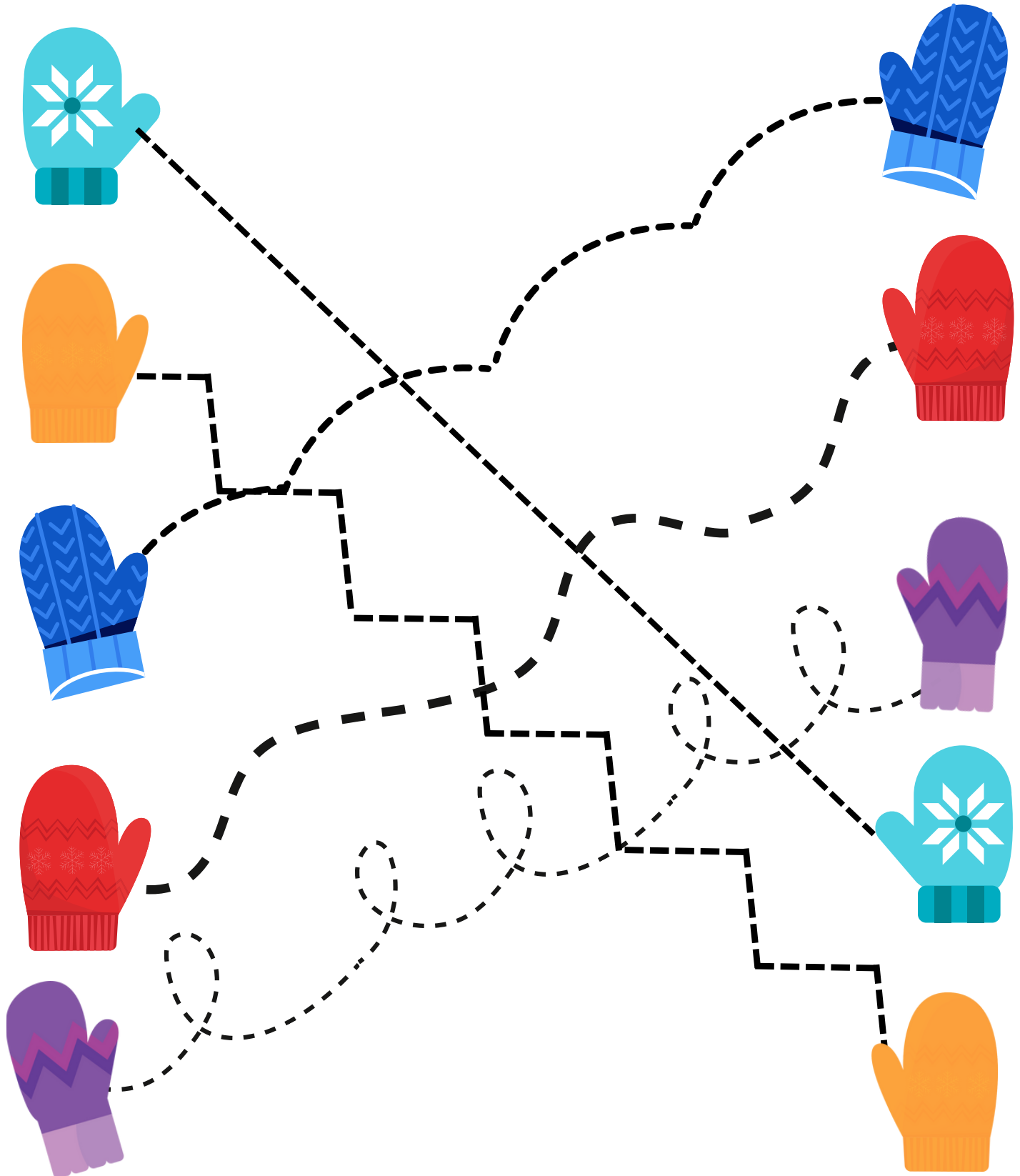
- Fine motor precision
- Fine motor strengthening
- Thumb opposition



- Pre-writing skills
- Fine motor precision
- Visual scanning

MITTEN MATCHING

Help these mittens get reunited with their matching pair! Trace the dotted lines below.



WINTER MOVEMENTS!

It's important to keep our bodies moving during the winter. Try out the winter themed actions below!



- Motor planning
- Coordination
- Strengthening
- Direction following



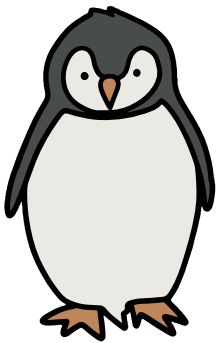
Dance quietly like a falling snowflake



Pretend you're making a snow angel and do 5 jumping jacks.



Stand still and quiet like a snowman



Waddle like a penguin



Bear crawl like a polar bear



Glide like an ice skater



Pretend to throw a snowball



Shake your sillies out like a snowglobe



Scoot on the floor like a walrus