

Homemade Play Dough Instructions

Ingredients

- 1 cup all purpose flour
- 2 teaspoons cream of tartar
- 1/3 cup table salt
- 1 cup water
- food coloring
- 1 Tablespoon vegetable or canola oil



Instructions

1. Add flour, cream of tartar and salt to a medium sized saucepan.
2. Add a few drops of food coloring to your water.
3. Add your colored water and oil to the saucepan.
4. Heat your mixture on medium/low heat and stir until the play dough starts to solidify. It should form a ball around your spoon. It may be lumpy, that's okay!
5. Remove your play dough from stove and set on waxed paper or plate to cool.
6. Once your play dough is cool you can squish and knead it to work out any lumps or remaining stickiness.
6. Play dough can be stored for 2-3 months in a ziplock bag or air tight container.

Why Play dough?

1. The possibilities are endless. Consider adding animal figurines, straws, vehicles, people and more, and watch your child's imagination soar.
2. Play dough is a great way to introduce sensory play in your home. You can even add essential oils to increase the sensory experience.
3. This is an easy recipe to get your kids involved. They can help measure and add ingredients, practice reading instructions and following directions.
4. Play dough is a great way to increase hand strength and fine motor skills.
5. It's a fun way to practice language skills. Have your child describe how the play dough looks or feels or ask them to describe what they (or others) created with it.
6. Use play dough to practice forming or identifying shapes, numbers or letters.

