



# Winter/Spring 2024 Program Guide

## CI Playgroups

### Free Birth-to-Three Playgroup

This drop-in playgroup is for children and their caregivers to explore and practice social, play, and motor skills in a fun environment with peers! CI staff will be present to facilitate play and answer questions.

**Tuesdays from 9:30-10:30AM**

Playgroups will be held at two locations:

**Forward Athletics:** 2911 Marketplace Dr; Fitchburg, WI 53719

**CI Waunakee Clinic:** 1102 Stephenson Lane, Suite 100; Waunakee, WI 53597

*Pre-registration is recommended, but not required. Please sign up at <https://www.citherapies.com/ciconnect/>  
Check the sign up weekly to confirm playgroup dates at each location.*

## CI Open Gym

We're partnering with our friends at Forward Athletics to host a free family night out. Join a member of the CI team for sports, games, and fun!

### Location:

Forward Athletics: 2911 Marketplace Dr; Fitchburg, WI 53719

### Dates:

Thurs. January 11 (4:30-5:30 PM), Mon. February 5 (5:00-6:00PM), Thurs. March 14 (4:30-5:30PM)

Pre-registration is encouraged. Completion of a liability waiver is required for participation. Visit [www.citherapies.com/resources](http://www.citherapies.com/resources) to register and complete the waiver. Electronic version of the waiver will also be available to complete at Forward Athletics.



## Library Story Times

Join a member of CI Pediatric Therapy Centers staff for an interactive story time of books, songs, movement, crafts and fun! Activities will be geared towards 2-5 year olds, but all ages are welcome!

### Fitchburg Public Library

10:00 AM

January 11, February 8, March 14, April 11, May 9

### Verona Public Library

9:30 AM

January 26, February 23, March 28, May 23

### Middleton Public Library

10:00 AM

January 5, February 2, March 1, April 5, May 3

### Waunakee Public Library

9:45 AM

January 12, February 9, March 8, April 12, May 10

### Cottage Grove

9:00 AM

January 8, February 12 (CG Parks and Rec Building)

March 11, April 15, May 20 (Phoebe Bakken Memorial Park)

# Recreation Departments

All programs are led by CI Pediatric Therapy Centers Staff and take place through the Fitchburg Recreation Department, Middleton Recreation Department and Waunakee Recreation Department. These programs aim to support the needs of all individuals and abilities.

## Young Yogis (Ages 6-10)

Learn how to practice mindfulness and feel settled in your body during the Young Yogis program. We will be participating in guided meditation, gentle yoga movements, and peace of mind activities. Activities will vary from previous sessions.

- **Waunakee: Monday, January 29th, 4:00PM-6:00PM** (Waunakee Village Center)
- **Waunakee: Monday, May 20th, 1:00PM-4:00PM** (Waunakee Village Center)

## Game Club (Ages 8-12)

In this program, we're all about fun and games! We'll be playing a variety of board and card games, team games, and putting your knowledge to the test with some Jeopardy!

- **Middleton: Monday, February 19th, 9:00AM-12:00PM** (Hubbard Activity Center)
- **Middleton: Monday, April 22nd, 9:00AM-12:00PM** (Hubbard Activity Center) \*Ages 6-10\*
- **Waunakee: Friday, March 22nd, 9:00AM-12:00PM** (Waunakee Village Center)

## Sensory Scientists (Ages 6-10)

Calling all scientists! Join us in experimenting with our senses and science. We will be using touch, smell and sound to explore the world of science with some sensory fun!

- **Fitchburg: Friday, December 29th, 9:00AM-12:00 PM** (Fitchburg Community Center Prairie View Room)
- **Middleton: Wednesday, December 27th, 9:00AM-12:00PM** (Hubbard Activity Center)
- **Waunakee: Thursday, December 28th, 9:00AM-12:00PM** (Waunakee Village Center)
- **Waunakee: Monday, February 26th, 4:00PM-6:00PM** (Waunakee Village Center)

## Winter Craft Workshop (Ages 6-10)

Join us for a fun and crafty winter themed day off school! We will be making a variety of winter crafts, including learning different ways to make paper snowflakes, DIY wreaths with recycled items, and painting masterpieces!

- **Fitchburg: Wednesday, December 20, 9:00AM-12:00PM** (Fitchburg Community Center Prairie View Room)
- **Middleton: Monday, January 22, 9:00AM - 12:00PM** (Hubbard Activity Center)

## Spring Crafty Kids (Ages 6-10)

Get in the springtime spirit while making colorful crafts. We will be making springtime themed masterpieces using a variety of materials and art supplies.

- **Fitchburg: Friday, March 29th, 9:00AM-12:00 PM** (Fitchburg Community Center Prairie View Room)
- **Middleton: Monday, March 25, 9:00AM - 12:00PM** (Hubbard Activity Center)

## Nature Explorers (Ages 6-10)

Calling all nature explorers! In this program we will be learning all about the environment while doing scavenger hunts, making crafts from nature, and more!

- **Middleton: Monday, May 13, 9:00AM - 12:00PM** (Orchid Heights Park)



Middleton WI  
The Good Neighbor City



To register for these recreation groups, sign up online:

Fitchburg Recreation Department: <https://fitchburgwi.gov/599/Recreation>

Middleton Recreation Department: <https://www.cityofmiddleton.us/176/Recreation-Programs>

Waunakee Recreation Department: <https://www.vil.waunakee.wi.us/393/Recreation-Programs>